

48-Hour Assignment - Managing Your Time

Time is a commodity. We all have a limited amount of time to work, relax, visit with friends and family and build our business. It is important to have a plan to utilize this most valuable commodity wisely. In each time slot for each day, designate one of the following activities: **W** = Work **R** = Recreation/Family Time **B** = Business Time

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00 - 8:00							
8:00 - 8:30							
8:30 - 9:00							
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11:30 - 12:00							

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I'm willing to sacrifice the following time for _____ weeks/months

It is important to make an initial sacrifice of time to get your business off to a Fast Start. We tend to love the things we sacrifice for. There is a learning curve in any new business and by making an extra commitment of time you will be able to shorten your learning curve and get off to a Faster Start. We recommend that you try to make a 3 month "sacrifice" commitment. More if you have aggressive goals. Less if you have minor goals.

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